



UAKKOVALAM2011 Report

The Silver Jubilee annual conference of the Urological Association of Kerala was conducted on the 29th and 30th of October 2011 at Hotel Samudra, Kovalam, Trivandrum.

It was jointly organized by the Department of Urology, Govt. Medical College, Trivandrum & Trivandrum Urology Club.

Around 180 delegates, most with families, registered and attended the grand conference, at the very scenic Kovalam beach Hotel Samudra.

Prior to the formal inaugural function, as is customary, two topics on allied subjects were presented by Radiology Professor Roy N, and Nephrology Professor Ramdas Pisharody, on the role of MRI in Urology and optimal immunosuppression in Live Donor Renal Transplantation, respectively. Both the topics were very informative and with a lot of practical take home messages.

The Andrology session followed, with Dr Col Ravindran Nair's presentation on use of color Doppler for evaluation of E.D; Current status of drugs in E.D management by Dr T R Murali. This session concluded with Dr K.V Vinod highlighting issues and concerns of varicocelectomy for male infertility.

The formal Inaugural function was an elaborate and well orchestrated ceremony. The honorable minister for Health, Kerala State, Adv. Adoor Prakash, graced the occasion, formally inaugurating the silver Jubilee meet of the UAK, with the lighting of the traditional lamp. The dignitaries who addressed the gathering were Dr V Geetha, (Director of Medical Education), Dr Ramdas Pisharody (Principal, Medical college, Trivandrum), Dr David Joseph (Patron of the conference) Dr.George. P Abraham, (President of the UAK), Dr Syam K Ramesh (Organising Chairman) and Dr G. Venugopal (Organising & Hon Secretary of the UAK). A souvenir was released on the occasion by the DME.

The CPC session lived up to its reputation of the rollercoaster excitement as in a good crime thriller. Dr Dineshan K.M, the discussant treaded cautiously with each investigation report perhaps, more carefully than Sherlock Holmes. Prof. K Sasidharan, in the chair steered the discussion with flair and skill as contributions from the floor gathered momentum. The discussion reached a crescendo as Dr Vinod K.V unclocked the exotica. **It was an uncommon case of a T.C.C involving the renal pelvis and causing renal vein thrombosis and perirenal stranding.**

The UAK Annual Oration 2011 was delivered by Dr K.R Vikraman, Trivandrum. Chaired by the President and Secretary UAK, this plenary

session was on Nephron sparing surgery in RCC. It was a well illustrated and didactic oration delivered with poise, verve and zest. A transpicuous exposition on a more complex subject of Transpubic approach for female urethral reconstruction by Prof. Sasidharan followed.

A panel discussion on the various nitty gritty of **Renal Transplantation**, relevant to urologists was presented. The panelists were Dr Poulouse Chaly, Dr Joseph Thomas, Dr V.N Moni, Dr Madhusunan, Dr Sreedharan Unni and Dr Sivarakrishnan. The topics covered were Donor evaluation and safety of the expanded criteria, legal issues of Donor selection, abnormal donor vessels, pretransplant nephrectomy, dos and don'ts of ureteric reimplantation and closing with, risks and outcomes in renal transplantation.

A sumptuous lunch followed.

The much keenly followed session in the afternoon was the **video session**. A Kochi show, the variety of cases presented ranged from Laparoscopic Pyelolithotomy & pyeloplasty in a child, retroperitoneal adrenalectomy, lap diverticulectomy in a child, lap partial nephrectomy, presacral tumor excision, etc.

Considering its popularity, a separate brain storming session on the **finer techniques of laparoscopy** in urology was held with topics like single port access, pediatric laparoscopy, Retroperitoneoscopy, oncosafety margins in Lap. and deliberations on effective Laparoscopic training were held. The speakers for the session were Dr George P Abraham, Dr Vijayan. R, Dr Sanjay Bhat, Dr G Venugopal and Dr S Vasudevan

Another nugget of wisdom, another insight, tips and tricks were the focus of all attention as the session on **"How I do it?"** unraveled. Masters in their trade shared unique glimpses into their fine skills acquired through experience, as they sought to enlighten the delegates on access in difficult URS, RIRS/PCNL, Pelvic floor repairs, selection of Alpha blockers, Management of post TURP retentions and surgery for tuberculosis Bladder. Dr S.V Kandasami, Dr Appu Thomas, Dr Syam K Ramesh, DR Suresh Bhat, Dr Abdul Azeez, Dr Krishnamurthy and Dr George Joseph tackled the issues on the above mentioned topics.

The General body meeting was held after the last of the academic sessions for the day (minutes in separate section)

The night cultural programme included scintillating classical dance

